

Military Affairs (MIL AFF)

Courses

MIL AFF 1 Military Physical Fitness and Nutrition 1 Unit

This course teaches the fundamentals of physical fitness and nutrition employed by the U.S. military to condition R.O.T.C. cadets for the physical demands they will face as military officers. The course consists of rigorous physical training under the supervision of military officers and noncommissioned officers. The goal of this course is to not only enhance one's level of physical fitness, but to develop leadership qualities in the conduct and planning of physical fitness training. The course will include topics in leader responsibilities in fitness training, components of fitness, principles of exercise, physical fitness program development, phases of conditioning, environmental factors and nutrition. Physical training will include, but is not limited to: running up to five miles, foot marches up to six miles with a pack, swimming, team sports, weight training, aerobics, and other activities designed to develop an individual's components of fitness, teamwork, and aggressive competitive qualities.

Rules & Requirements

Prerequisites: Consent of instructor

Hours & Format

Fall and/or spring: 15 weeks - 3 hours of session per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam not required.

MIL AFF 20 Evolution of Warfare 3 Units

Progressive analysis of the evolution of warfare from the ancient world to the present. Emphasis placed on causes of continuity and/or change of methods, as well as the influence of economic, moral, political, and technological factors on strategic thought.

Hours & Format

Fall and/or spring: 15 weeks - 3 hours of lecture per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam required.

MIL AFF 24 Freshman Seminars 1 Unit

The Berkeley Seminar Program has been designed to provide new students with the opportunity to explore an intellectual topic with a faculty member in a small-seminar setting. Berkeley Seminars are offered in all campus departments, and topics vary from department to department and semester to semester.

Rules & Requirements

Repeat rules: Course may be repeated for credit as topic varies. Course may be repeated for credit when topic changes.

Hours & Format

Fall and/or spring: 15 weeks - 1 hour of seminar per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam required.

MIL AFF 145A National Security Forces in Contemporary American Society 3 Units

Conceptually examines the Armed Forces as an integral element of American society. Examines contemporary issues in civil-military relations and the national and international environment in which U.S. defense policy is formulated and implemented.

Rules & Requirements

Prerequisites: Upper division standing and consent of instructor

Hours & Format

Fall and/or spring: 15 weeks - 3 hours of seminar per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam required.

MIL AFF 145B Preparation for Active Duty 3 Units

This course focuses on commissioning of cadets and their transition to active duty. The primary focus of instruction is officership, professionalism, and leadership. Topics for specific discussion include the military justice system, military ethics, core values, military professionalism and current issues affecting the Air Force, and a general introduction to base functions designed to ease cadets' transition to active duty. This course combines lecture and discussion with increased emphasis on the students' written and oral communication skills.

Rules & Requirements

Prerequisites: Upper division standing and consent of instructor

Hours & Format

Fall and/or spring: 15 weeks - 3 hours of lecture and 2 hours of laboratory per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam required.

MIL AFF 154 The History of Littoral Warfare 3 Units

An analysis of the theory, origins, historical evolution, and impact of man's attempts to project seapower ashore. A case study approach is used to study major developments in amphibious warfare.

Hours & Format

Fall and/or spring: 15 weeks - 3 hours of lecture per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Letter grade. Final exam required.

MIL AFF 199 Supervised Independent Study and Research 1 - 4 Units
Supervised independent study and research for undergraduate students who desire to pursue topics of their own selection.

Rules & Requirements

Prerequisites: Upper division standing and consent of the instructor

Repeat rules: Course may be repeated for credit. Course may be repeated for credit when topic changes.

Hours & Format

Fall and/or spring: 15 weeks - 0 hours of independent study per week

Summer: 6 weeks - 2.5-10 hours of independent study per week

Additional Details

Subject/Course Level: Military Affairs/Undergraduate

Grading/Final exam status: Offered for pass/not pass grade only. Final exam not required.