

Physical Education

College of Letters and Science (<http://ls.berkeley.edu>)

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Department Website: Physical Education (<http://pe.berkeley.edu>)

Overview

The Physical Education Program is under the jurisdiction of the College of Letters and Science and reports to the college through the Dean of Biological Sciences. The program consists of a wide range of physical activity classes, as well as various lecture/laboratory courses described in the course listings. The physical activity offerings are designed to provide sequenced instruction in such classes as aquatics, combatives, dance, fitness, and sports. Instruction is planned to enable participants to develop and improve performance skills, gain knowledge and concepts relevant to the activity, receive relevant information concerning the health benefits of regular exercise, and attain an appropriate level of fitness. All activity classes are for credit and are open to women and men. Students should consult the Online Schedule of Classes (<http://schedule.berkeley.edu>) for specific information regarding each semester's offerings.

Scientific Diving

The Division of Diving Safety ensures that all underwater diving conducted under the auspices of UC Berkeley is done in accordance with the standards and policies established by the American Academy of Underwater Sciences and the Berkeley campus. The program is administered by the diving safety officer, in association with the Vice Chancellor for Research, Environmental Health and Safety, the Physical Education Program, the College of Natural Resources, and the Richard Gump South Pacific Biological Research Station. A University scientific diver permit is required for anyone diving for science using University equipment, diving from University-owned property, or diving as a student or employee of the University. The Diving Safety Program provides opportunities for students, faculty, and staff to pursue SCUBA certification or a scientific diver permit. There are fees associated with these services. Further information can be found on the Scuba Diving website. (<http://pe.berkeley.edu/scubadiving>)

Locker Room Regulations and Penalties

A fine is imposed if students fail to comply with the following regulations: (a) clear locker by the specified date; (b) return equipment or clothing on or before the date posted for such return at the end of each semester; (c) overnight use of locker in designated areas.

Fees

A course material fee is assessed from every student enrolled in a physical education activity class. The fees are listed by class in the Online Schedule of Classes (<http://schedule.berkeley.edu>).

For more information on the Physical Education Program, please visit the department homepage. (<http://pe.berkeley.edu>)

PHYS ED 1 Physical Education Activities 0.5 Units

Department: Physical Education

Course level: Undergraduate

Terms course may be offered: Fall, spring and summer

Grading: Letter grade.

Hours and format: 2 hours of Laboratory per week for 15 weeks. 4 hours of Laboratory per week for 8 weeks. 5 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the elementary level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

PHYS ED 2 Physical Education Activities 0.5 Units

Department: Physical Education

Course level: Undergraduate

Terms course may be offered: Fall, spring and summer

Grading: Letter grade.

Hours and format: 2 hours of Laboratory per week for 15 weeks. 5 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the low intermediate level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

PHYS ED 3 Physical Education Activities 0.5 Units

Department: Physical Education

Course level: Undergraduate

Terms course may be offered: Fall, spring and summer

Grading: Letter grade.

Hours and format: 2 hours of Laboratory per week for 15 weeks. 6 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the intermediate level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

PHYS ED 4 Physical Education Activities 0.5 Units

Department: Physical Education

Course level: Undergraduate

Terms course may be offered: Fall, spring and summer

Grading: Letter grade.

Hours and format: 2 hours of Laboratory per week for 15 weeks. 6 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the high intermediate level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

PHYS ED 5 Physical Education Activities 0.5 Units

Department: Physical Education

Course level: Undergraduate

Terms course may be offered: Fall, spring and summer

Grading: Letter grade.

Hours and format: 2 hours of Laboratory per week for 15 weeks. 6 hours of Laboratory per week for 8 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the advanced level. Students select section by activity and time preferences. Students should consult the each semester to determine the