

# Physical Education (PHYS ED)

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## **PHYS ED 1 Physical Education Activities 0.5 Units**

**Department:** Physical Education

**Course level:** Undergraduate

**Terms course may be offered:** Fall, spring and summer

**Grading:** Letter grade.

**Hours and format:** 2 hours of Laboratory per week for 15 weeks. 4 hours of Laboratory per week for 8 weeks. 5 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the elementary level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

## **PHYS ED 2 Physical Education Activities 0.5 Units**

**Department:** Physical Education

**Course level:** Undergraduate

**Terms course may be offered:** Fall, spring and summer

**Grading:** Letter grade.

**Hours and format:** 2 hours of Laboratory per week for 15 weeks. 5 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the low intermediate level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

## **PHYS ED 3 Physical Education Activities 0.5 Units**

**Department:** Physical Education

**Course level:** Undergraduate

**Terms course may be offered:** Fall, spring and summer

**Grading:** Letter grade.

**Hours and format:** 2 hours of Laboratory per week for 15 weeks. 6 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the intermediate level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

## **PHYS ED 4 Physical Education Activities 0.5 Units**

**Department:** Physical Education

**Course level:** Undergraduate

**Terms course may be offered:** Fall, spring and summer

**Grading:** Letter grade.

**Hours and format:** 2 hours of Laboratory per week for 15 weeks. 6 hours of Laboratory per week for 6 weeks.

Instruction in a variety of sports, exercise, and conditioning activities is offered at the high intermediate level. Students select section by activity and time preferences. Students should consult the each semester to determine the particular activities available.

Course may be repeated for credit. Course may be repeated for credit when topic changes.

## **PHYS ED 5 Physical Education Activities 0.5 Units**

**Department:** Physical Education

**Course level:** Undergraduate

**Terms course may be offered:** Fall, spring and summer